

## Abstract

Title of the thesis: The case study of physiotherapeutical treatment of a patient knee arthroscopy for meniscal lesions

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### Thesis goals:

The goal of this bachelor thesis is a summary of theoretical knowledge about meniscus wounds and following treatment. Especially I focus on arthroscopy of knee joint and following rehabilitation.

### Methods:

Special part of the bachelor thesis is presented in the form of case interpretation of the patient after arthroscopy of knee joint for meniscal lesions. It consists of entry and leaving examination and therapeutic units. This part was created during bachelors practice in Centrum léčby pohybového aparátu v Praze Vysočanech (Center for treatment of motion apparatus in Prague Vysočany) between January 2nd 2017 and January 27th 2017 under the supervision of Mgr. Jakub Hoskovec.

### Results:

During the measured timing the patient condition significantly improved therefore I conclude that the selected therapy methods were effective.

### Key words:

Knee joint, arthroscopy, meniscus, case report, physiotherapy.